



# COMMUNITY CONNECTION

...SERVING, SHARING, AND CARING...

WEST MEDFORD COMMUNITY CENTER NEWSLETTER

JULY 2023

## BOARD OF DIRECTORS

- Brian Collins  
President
- Malinda Reagan  
Treasurer
- Korey Woods  
Secretary
- David Kilpatrick  
Member
- Jacqueline McPherson  
Member
- Ilene Lerner  
Member
- Rachel Tanner  
Board Emeritus

## MEETINGS

The Board of Director's meetings are held the third Thursday of every month. All WMCC members are welcome to join on Zoom from 7-8:00pm. In person meetings will resume TBA. Not a member yet? [Click to join.](#)

**FOLLOW US ON FACEBOOK, INSTAGRAM, TWITTER, LINKEDIN, AND YOUTUBE**



## WMCC AT A GLANCE

### A word from the Executive Director



**WMCC Team** (left to right): Brian Collins, Lisa Crossman, Jacqueline McPherson, Terry E. Carter, Rachel Tanner, Malinda Reagan, Ilene Lerner, Rev. David Kilpatrick (missing from the photo: Korey Woods)

For over 80 years, the West Medford Community Center has been supporting Medford and the surrounding communities in providing programming, events, activities and forums. This has all been done through the power and labor of our community members. Founded in the spirit of "taking care of your neighbor," all the work done at and through WMCC is done in the labor of love. There are countless people who have volunteered with WMCC throughout the years giving their blood, sweat, tears and dollars. Many of whom never sought any recognition in their acts. Often times, we are so caught up in our day to day lives, that we don't see where or how we are being supported by our community. But, it is in our times of sorrow and hardship where we long for a connection & uplifting word to lighten the heaviness we experience.

Being at WMCC has been a joy to my family and has become our community. I never knew the impact that WMCC could have in my life until I experienced a very personal moment this Spring, where I needed community support to get through the tough moments. It was overwhelming to experience the support of loving kindness from our staff, Board, community partners, the City of Medford, our WMCC members and neighbors. My son and I are ever so grateful to Medford for the patience, kind words and support we received during our time of loss.

WMCC is a wonderful organization with a rich history in leadership, ingenuity, and creativity but also of joy, love, laughter, learning and community. In a time where our society is drawing more and more inward & online, we invite you to join us this year in celebrations and moments where we come together to learn and grow from our interactions with one another. With love, gratitude and thanks!

-Lisa Crossman, WMCC Executive Director



# UPCOMING EVENTS

## JULY/AUGUST/SEPTEMBER



SATURDAY  
**7/29**  
ANNUAL SENIOR BBQ  
12PM-4:00PM  
WMCC

FRIDAY  
**9/08**  
FIRST FRIDAYS  
WORDS & MUSIC  
7PM-9:00PM  
WMCC

SATURDAY  
**8/12**  
SUMMER BASKETBALL  
CELEBRATION  
10AM-2:00PM  
DUGGER PARK

SATURDAY  
**8/26**  
LABOR DAY BLOCK  
PARTY  
11AM-2:00PM  
DUGGER PARK

WEDNESDAY  
**8/30**  
AFTER SCHOOL  
YOUTH CLUB BEGINS  
M-F 3-6:00PM  
WMCC

### Save the Date!

#### **Saturday, July 29th, 12-4:00pm**

West Medford Senior Club Annual BBQ Fundraiser. This event is a staple in the Medford community. All are invited. Located at WMCC, order a plate to go or dine in. Meal tickets may be ordered in advance. See flyer below. The WMSC is a registered 501c3 nonprofit.

#### **Saturday, August 26th (Rain Date Aug 27th)**

Labor Day Block Party. This celebration harkens all the way back to our earlier roots in the late 1930's. This day is a celebration of our community with field games, food friends, and family. Details to follow.



# Game Changers



Donations are game changers for the West Medford Community Center. Every dollar received helps WMCC to fulfill its mission. Donations allow us to offer free and/or low-cost programming, events and activities to Seniors, youth/teens, individuals and families. This month we'd like to thank the Medford Community Coalition for their generous donation to WMCC in May.

## Why become a Donor?

Donating to WMCC is a win-win proposition. American taxpayers can deduct charitable giving from their total taxable income, reducing the total owed at tax time. There are very specific rules governing charitable donations and tax deductions. However, those who take advantage of these tax breaks can reduce the amount they owe at tax time (or increase their refund) – all while helping others in the process. WMCC plays a fundamental role in creating a more equitable and thriving community. And WMCC can do even more to protect its legacy and indispensable role in Mystic Valley's future. We need your help. Every dollar you give helps! Your generous donations allow us to continue the work that we do. [Click here to become a donor today](#)



MCC Board: Jess Robash, Melissa Lynch, Anne Marie Gallagher / WMCC Board: Rev. David Kilpatrick, Illene Lerner, Jacqueline McPherson, Malinda Reagan, Rachel Tanner (Board Emeritus)



# Volunteer Spotlight

Without you, there is no us! Volunteers are the lifeblood of our organization and have been the forefront of the success of the center since the 1930's. This month WMCC would like to recognize Kettly Tucker. Each year, Kettly gives countless hours to helping out with day to day activities and signature events at WMCC. She is a former volunteer of our Afterschool Youth Club and current Elder Services volunteer. Kettly is exceptionally gifted at decoration and is responsible for the lovely, dynamic decorations we are able to present to the community. Thank you Kettly for your time, energy and effort is making our events and programming successful! On behalf of the WMCC Staff & Board, thank you Kettly for all that you do for us!



Kettly's event decoration at WMCC's West Medford Family Reunion held in May at the Medford American Legion.



Kettly Tucker, WMCC volunteer extraordinaire.

## Helpers Needed

There are many opportunities for volunteering for a one-time experience, short term or long-term roles. If you have a special skill, talent or hobby you'd like to share please come volunteer with WMCC.

Complete the [Volunteer Form](#) today!

## MEMBERSHIP

**JOIN OR RENEW YOUR MEMBERSHIP WITH THE WEST MEDFORD COMMUNITY CENTER TODAY BY [...CLICKING HERE](#). YOU MAY ALSO RENEW YOUR MEMBERSHIP IN PERSON DURNIG OFFICE HOURS AT 111 ARLINGTON ST.**

The West Medford Senior Club, Inc.  
Presents

**A GRAND OLD'  
BARBEQUE  
ANNUAL  
FUNDRAISER**

*Dine In or  
Pick Up!*



**Saturday, July 29, 2023 | 12:00 PM – 4:00 PM**

**BBQ Pork Ribs Dinner**

**Tossed Salad  
Potato Salad  
Rice and Peas  
Corn on the Cob  
Watermelon  
Soda or Water**

**\$25**



**BBQ Chicken Dinner**

**Tossed Salad  
Potato Salad  
Rice and Peas  
Corn on the Cob  
Watermelon  
Soda or Water**

**\$20**



**West Medford Community Center  
111 Arlington Street  
Medford, MA 02155**

For Tickets Call:  
Norma: 781-520-1734

Rachel: 781-483-3109  
Flo: 781-648-1639

# Red Sox Ticket Raffle

## Red Sox vs Royals Game



Enter WMCC's raffle for a chance to win Red Sox vs Royals tickets for ***Monday, August 7th 7:10pm. 2 pair of tickets located 6 rows back from the field on the visitor side.***

Entries accepted until Thursday 8/3 at 11:59pm. Winner will be selected & notified on Friday 8/4. Be sure to add your contact email & phone in the notes on your order!!

**\*\*\*\*Please Note:** You are purchasing a ticket to be entered into the raffle. You can enter as many times as you like. Purchasing a raffle ticket does not guarantee you have won the tickets. All names will be entered into a Raffle Generator online. The more tickets you purchase, the more times your name is added.\*\*\*\*

Raffle ticket purchase can be made online or in person at WMCC (111 Arlington St., Medford) Mon-Fri 10-5pm. For more information email [info@wmcc.us](mailto:info@wmcc.us) or call 781-483-3042. Raffle tickets are \$25 per entry. **[Click here](#)** to enter the raffle online.



# After School Youth Club



**Scan to Register**

## Enrichment, Fun & Support

The program strives to contribute to the social-emotional, physical, and intellectual growth of children in a safe, supportive learning environment. The WMCC Afterschool Youth Club provides enrichment, fun and support in a caring, supervised environment with opportunities to complete homework, get tutoring assistance, build social skills, utilize computer access, and to learn from our adult and youth leaders. The average adult to child ratio is 1:12. Staff credentials vary with a mix of college degrees, experience with school-age children and activity specialization. Additional activities will be provided to all of the youth on a daily basis. Programming will reflect both activities that are planned by the adult staff and those ideas the kids generate themselves and will include (but not be limited to) sports and physical activities, STEM, arts and crafts and computer games.

**Hours and Days of Operation:** The Afterschool Youth Club is available 2pm-6pm Mon., Tues., Wed., Thurs., and Fri. There are 3 Early Closure days in the year when the program closes at 4PM: the Wednesday before the Thanksgiving break, the day before the Winter break, and the last day of school.

**Programming:** Activities include arts and crafts, sports, science, drama, music, dance, cooperative games, literacy, community service, indoor and outdoor free play, and more!

**Schedule:** WMCC Afterschool Youth Club operates according to the regular Medford Public Schools schedule. The first day of AYC will begin on 8/30/23. The program is closed for holidays and school vacation weeks. Programming begins at the end of the scheduled school day and continues until 6:00pm. The After School Program does not operate if the schools are closed.

**Program Registration & Fees:** Both new and returning families are responsible for a yearly non-refundable registration fee of \$50 per family. If the student withdraws from the program prior to the start of the new school year or at any time during the school year, the registration fee is non-refundable. Attendance and pricing options are as follows: \$500.00 per month for 5 days a week; \$300.00 per month for 3 days a week; \$200.00 per month for 2 days a week. Need based scholarship options are available. For more information email to: [info@wmcc.us](mailto:info@wmcc.us). Scan the QR code on this flyer or visit [www.wmcc.us](http://www.wmcc.us) for a link to the AYC registration form.

*\*\*For more information, please email our information line at [info@wmcc.us](mailto:info@wmcc.us) or call Lisa Crossman at 781-483-3042.*

West Medford Community Center • 111 Arlington St., Medford • 781.483.3042 • [wmcc.us](http://wmcc.us)

# Save the Date

## West Medford Community Center Annual Meeting Sunday, September 17th



The West Medford Community will hold it's annual meeting in person on Sunday, September 17th. The program will begin at 2pm.

Please fill out the link and let us know if you will be attending!

**[RSVP Link](#)**

Thank you for your continued membership with the West Medford Community Center. Membership dollars allow us to continue our mission. If you need to renew your membership, please renew today and fill out this link: **[Membership Link](#)**

You may also RSVP to the Annual Meeting and/or sign up for membership renewal in person at the WMCC Front Desk.

Lisa Crossman  
WMCC, Executive Director





# Reimagine your Health with YOGA at WMCC

Yoga has many amazing benefits for your body, mind and spirit. Some immediate benefits of Yoga are: Increased flexibility, Increased strength, Reduced stress, Improved concentration and mood, and Improved heart health.

Are you looking to add movement and ease to your schedule? Join instructor ShanTil Yell for yoga at the community center! Together we will explore a variety of poses and breathing techniques. Classes are appropriate for all experience levels and attendees ages 13 and up are welcome.

WMCC is looking to add consistent Yoga classes at the community center with a certified Instructor! Please provide feedback on your interest in this program offering and availability. Thank you for your time & feedback!

**[Click here](#)** to take the Yoga interest survey.

# Rent with WMCC

Looking for a place to host a party, shower, celebration, workshop or next family function? WMCC's Founder's Hall is a multipurpose, multifunctional room that can be transformed with a little decoration. With a space that's approx. 1,000sq ft, WMCC has what you need to host your next event. Access to 10-5ft round tables, banquet chairs, folding chairs, handicap accessible entryways and bathrooms.

**FOR BOOKING INFO:**

**781.483.3042**

***info@wmcc.us***



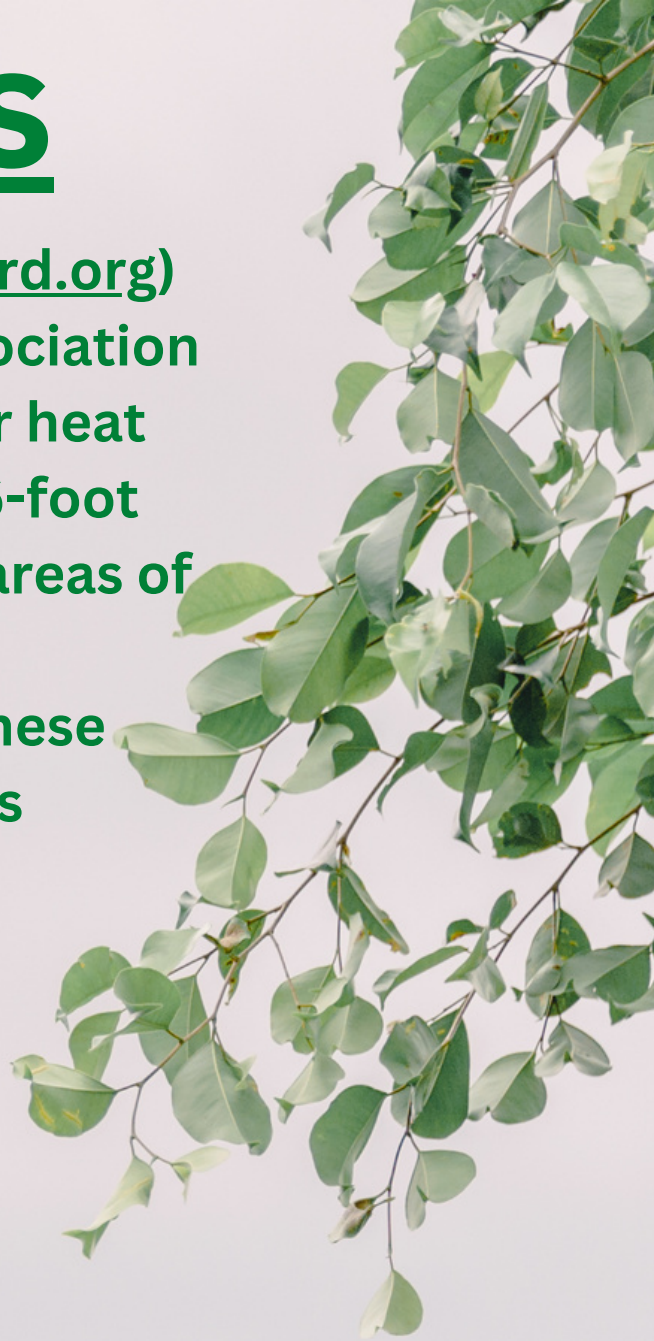
# Free Trees

TreesMedford ([www.treesmedford.org](http://www.treesmedford.org)) and Mystic River Watershed Association are partnering to reduce summer heat by offering free bare root, 3- to 6-foot tall trees to plant in the hottest areas of Medford. If you are interested in a shade tree for your yard in these areas, please sign up on the Trees Medford form linked below.

[Free Tree order Form](#)

Join us on Facebook!

[www.facebook.com/MedfordCommunityGardens](http://www.facebook.com/MedfordCommunityGardens)



City of Medford

# Opioid Settlement Fund Survey



## Medford Health Department's Office of Prevention and Outreach



Help decide how to use statewide  
opioid settlement funds to  
supplement and strengthen  
resources available to Medford.

Please take the survey by using the  
QR code. Your feedback will guide  
how the funds are spent in Medford.

A hard copy of the survey is  
available at Medford City Hall,  
85 George P. Hassett Drive,  
Office of Prevention and Outreach,  
Room 205.

**ALL SURVEYS MUST BE RETURNED IN PERSON TO CITY HALL,  
ROOM 205 OR SUBMITTED ONLINE BY AUGUST 18TH 2023.**

If you have any questions or need help filling out the survey,  
please contact Alysia LaGambina at 781-475-5646 or [alagambina@medford-ma.gov](mailto:alagambina@medford-ma.gov)